



WORLD ORIENTEERING CHAMPIONSHIPS

TRENTINO_VENETO

5th - 12th JULY 2014

ITALY



DISCIPLINA SPORTIVA
ASSOCIATA RICONOSCIUTA
DAL CONI



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IN HOLIDAY**



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Folgaria Lavarone Luserna



Folgaria, Lavarone e Luserna, un grande altopiano di vacanza in Trentino, 105 kmq di territorio tra i 1000 e i 2000 m. di quota.

Ampie foreste di abeti, vasti terrazzi alpestri, estesi panorami, pascoli rigogliosi e torrenti dalle fresche acque. Qui la natura è dolce, riposante. Proprio come... un amore di montagna!



Folgaria, Lavarone and Luserna, a great plateau of Holiday in Trentino, a vast territory between 1000 and 2000 m. of quota.

Wide forests of firs, go alpine terraces to you, extended in panoramas, pastures and torrents from fresh waters. Here the nature is sweet, resting. Just like... a mountain with love!



Azienda per il Turismo
Folgaria Lavarone Luserna
I-38064 Folgaria tel. + 39 0 464 724100
info@folgariavaroneluserna.it

*la montagna così vicina a casa da non poter resistere all'invito di scoprirla, viverla ed amarla
the near mountain therefore you will not resist the temptation of discovering, living and loving it*

1 WELCOME BY THE PRESIDENT OF THE ITALIAN FEDERATION AND THE ORGANIZATION COMMITTEE



I am pleased and honored to present the 2014 World Orienteering Championships, which for the first time will be held in Italy, precisely in the Trentino and Veneto regions, considered our national orienteering's cradles.

I am sure that the Venice's canals, that will host the sprint competition, city center of Trento, where the Relay Team will make its debut, the beautiful forests of Lavarone and Asiago, where other big world events have already taken place, will give all these great athletes an indelible memory of Italy after long trainings and sacrifices to fulfil their world dream.

During the week, the orienteers and their supporters will enjoy not only woods and landscapes, but also the famous Italian hospitality, the food, the artistic heritage and the towns, rich of history and culture like not many others in the world.

An excellent job has been done by the local technical staff, who is preparing an appointment full of commitments. In the name of the Italian Orienteering Federation, I would like to thank all departments of the Veneto and Trentino regions, the local administrations, the Tourist boards, the event's partners and sponsors, all the involved associations and thanks to the volunteers for their support, so precious to realize this great sport event. See you soon in Italy!

Mauro Gazzero

President of Italian Orienteering Federation



It is with great pleasure and immense honor that I have the opportunity to welcome orienteers from all over the world, especially those attending the World Championships in Italy.

I am sure that the areas selected will offer a picture of outstanding natural beauty, spectacular arenas and some of the most beautiful mountains in Italy. The technical terrain and the added value offered by Venice will satisfy the most demanding expectations.

This will be a great sporting event and an opportunity to show the Orienteering world, once again, that Italy can organize events with great professionalism, using all our best resources.

Thanks to all those who have wanted these World Championships and are supporting this event and to all those people that will choose to be with us and enjoy this magnificent spectacle.

Best regards to all!

Gianpietro Mazzeni

Organizing Committee Chairman

2 ORGANIZERS

ORGANISING COMMITTEE - EXECUTIVE COMMITTEE

President WOC-WTOC Association	GianPietro Mazzeni
Vice President	Roberto Sartori
Members	Roberta Falda
Angelo Frighetto	
Augusto Cavazzani	
Sergio Grifoni	
Leonardo Longhi	

ORGANIZING TEAM

Event Manager	Stefano Ravelli
WOC Event Director	Janos Manarin
WTOC Event Director	Roberta Falda
Five Days of Italy Event Director	Angelo Frighetto
IOF Congress Coordinator	Maria Silvia Viti
Coordinator	Giuseppe Falco
Maps	Augusto Cavazzani
Promotion	Leonardo Longhi
Human Resources and volunteers	Gino Vivian
Accommodation	APT Lavarone/Folgaria/Luserna - Asiago Turismo
Trasportation	Alice Tessari
Medical - Security	Sandro Gallo
Side events	Leonardo Longhi
Sustainability and School Manager	Nicola Galvan
Training Camps Manager	Cosimo Guasina
Press Office Manager	Mario Facchini
Race Director WOC	Mauro Fizzoni
IT WOC	Dmytro Miller, Edoardo Tona
IT WTOC	Renato Pelessoni

CONTACT

WOC WTOC ITALY 2014

APT Valsugana
 S. Domini Street 3
 38056 Levico Terme (Trento) Italy
 info@woc2014.info
www.woc2014.info

3 COMPETITION OFFICIALS

WOC MAPPING

COMPETITION		COORDINATORS
SPRINT Qualifications	Burano	Rodolfo De Ferrari Sapetto
SPRINT Final	Venezia S.Elena	Rodolfo De Ferrari Sapetto
SPRINT RELAY	Trento	Rodolfo De Ferrari Sapetto
LONG Final	Lavarone	Sergey Skripko Sergey Pozdeev Gennady Yashpatrov
MIDDLE Final	Campomulo	Sergey Skripko Gennady Yashpatrov Igor Leonteev
Relay	Campomulo	Sergey Skripko Gennady Yashpatrov Igor Leonteev
Review	Lavarone e Campomulo	Cesare Tarabocchia Augusto Cavazzani

WOC COURSE SETTING

COMPETITION	COURSE PLANNER	CONTROLLER
Sprint Qualification	Carlo Pilat	Janos Manarin
Sprint Final	Janos Manarin	Carlo Pilat
Sprint Relay	Simone Grassi	Andrea Rinaldi
Long Final	Fabio Hueller	Andrea Cipriani
Middle Final	Cristian Bellotto	Aaron Gaio
Relay	Cristian Bellotto	Aaron Gaio

EVENT ADVISERS AND CONTROLLERS

Björn Persson	WOC IOF Senior Event Adviser
Jorn Sundby	WOC IOF Assistant Senior Event Adviser
Francesco Giandomenico	National Controller

JURY

Christine Brown, AUSTRALIA
Jerzy Antonowicz, POLAND
Jari Kymalainen, FINLAND
Tony Thornley, GBR
Unni Strand Karlsen, NORWAY
Zoran Milovanovic, SERBIA

4 SUSTAINABLE DEVELOPMENT

The Orienteering World Championships (WOC) and the World Trail Orienteering Championships (WTOC) will be held in Trentino and Veneto. The highlands of Folgaria, Lavarone, Luserna in Trentino and Asiago 7 Comuni in Veneto are areas with wonderful landscapes and natural reserves.

A responsible use of natural resources and protection of the ecosystem is a prerequisite for sustainable development. The organizing committee is committed to use environmental resources in a sustainable way. So we will adopt responsible organizational procedures in order to protect and preserve our forests.

Orienteering is by definition a “sport of the woods”. Some of the venues are in the forests in Gallio (loc. Campomulo) and Lavarone, and they are PEFC certified. The sport and sustainability have once again found a reason to proceed on a common path: promoting a greater environmental responsibility and a proper land management.

We are aware of the crucial contribution that a sport like orienteering can lead in communicating the important values of sustainability. So we will also use this opportunity to provide you with complete information on the sustainability of orienteering as the process of sustainable forest management and wood. Specifically, we will make sure to implement the following responsible measures addressed to the organizers, athletes and any other participants.

GUIDELINES FOR THE ORGANIZERS

The conservation project consists of a series of guidelines addressed to all the organizers. These are the guidelines that should be respected in both national and international events:

- Protection of the natural environment along the routes;
- Waste reduction in dining options;
- Waste separation;
- Use of environment-friendly materials;
- Use of sustainable means of transport;
- Eco-friendly prizes.

INFORMATION FOR ALL PARTICIPANTS

The project involves the propagation of information about environment-friendly policies for both spectators and athletes. In particular, we will offer:

- Interventions in schools;
- Information panels;
- Vademecum;
- Questionnaires;
- Info point.

FINAL CHECK-OUT

A committee will evaluate the event on the basis of the project objectives to be achieved in the environmental field, measurable and verifiable in progress and at the end of the manifestations of the same. Our goal is to minimize the impact of the event on the environment: to offset emissions of CO₂ which will be produced during the various stages of organization and the running of the event.

At the end of the events a special report will be published.

RUBBISH / TRASH

An event of the magnitude of WOC 2014 generates a great amount of waste.

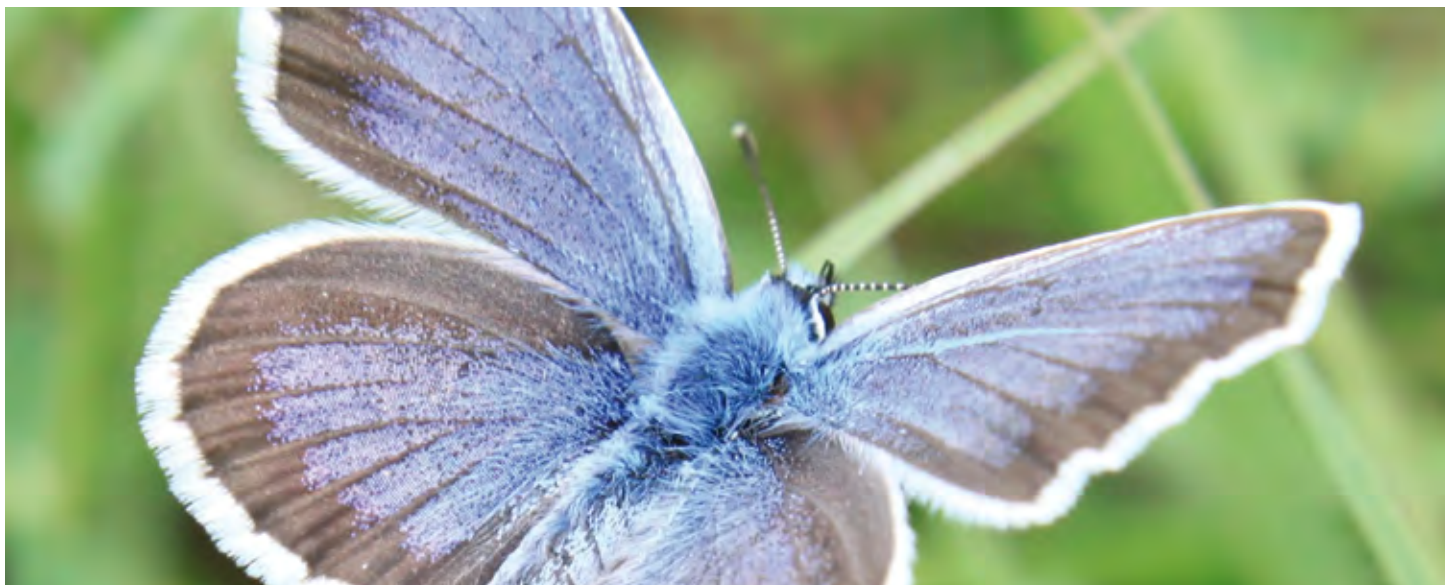
We have arranged for a system of recycling and collection of rubbish at all the venues. We ask you to use the numerous waste bins that are on site. We are planning to recycle them in coordination with the local communities that host our events.

Plastic, glass, compostable trash and burnable rubbish will be optimally recycled. You will help us making WOC 2014 a 'clean' event by respecting the rules of waste separation.

We have arranged for a sufficient number of toilets close to the starts in the forest and in the finish areas. Please use the toilets instead of the forest.

Please leave your cups and wrappers at the refreshment stations.

PLASTIC / METAL	GLASS	PAPER	ORGANIC	NOT RECYCLABLE
				
Plast / Metall <i>Plastique et Métal</i> Plas / Kov <i>Пластик и Металл</i> Plastmasas / Metāla	Glas <i>Verre</i> Sklo <i>Стекло</i> Stikls	Brev <i>Lettre</i> Dopis <i>Письмо</i> Vēstule	Organiskt <i>Organiques</i> Organick Ý <i>Органический</i> Orga Niskie	Icke Återvinningsbart <i>Pas Recyclable</i> Nonrecyklovatelný He <i>Вторичной Переработке</i> Nav Pārstrādājami



5 PROGRAM

DATE	HOUR	EVENT	PLACE
FRIDAY, JULY 4 th	10.00-12.00	Model Event Sprint	Venice- San Basilio
	12.00	Deadline for Entries to Sprint Qualification	WOC Office Jesolo
	14.00-16.00	Technical Model Event	WOC Office Jesolo
	19.00-20.00	Team Officials' Meeting	WOC Office Jesolo
SATURDAY, JULY 5 th	9.00-11.00	Sprint Qualification	Burano
	15.20-17.25	Sprint Final	Venice
SUNDAY, JULY 6 th	09.30-11.30	Model Event Sprint Relay	Pergine
	12.00	Deadline for Entries to Sprint Relay	WOC Office Lavarone
	14.00-15.00	Team Officials' Meeting	WOC Office Lavarone
	15.00-16.00	Technical Model Event Sprint Relay including touch free punching	WOC Office Lavarone
	18.00	Opening Ceremony	Asiago
MONDAY, JULY 7 th	19.00	Sprint Medal Ceremony	Asiago
	17.25-18.40	Sprint Relay	Trento
TUESDAY, JULY 8 th	21.00	Sprint Relay Medal Ceremony	Lavarone
	12.00	Deadline for Entries to Long Distance Final	WOC Office Lavarone
	10.00-13.00	VIP/Media Race	Lavarone
	09.30-11.30	Model Event Long	Lavarone
WEDNESDAY, JULY 9 th	19.00-20.00	Team Officials' Meeting	WOC Office Lavarone
	09.00-12.00	IOF Pre General Assembly	Astoria Lavarone
	12.00-16.55	Long Distance Final	Lavarone
THURSDAY, JULY 10 th	21.00	Long Distance Medal Ceremony	Lavarone
	09.00-16.00	General Assembly IOF	Astoria Lavarone
	09.30-11.30	Model Event Middle	Campomulo
	12.00	Deadline for Entries to Middle Distance	Lavarone
FRIDAY, JULY 11 th	19.00-20.00	Team Officials' Meeting	Lavarone
	12.00-16.55	Middle Distance	Campomulo
	18.00	Deadline for Entries to Relay	WOC Office Campomulo
	21.00	Middle Distance Medal Ceremony	Lavarone
SATURDAY, JULY 12 th	19.00-20.00	Team Officials' Meeting	Lavarone
	13.00-16.45	Relay Final	Campomulo
	16.45	Relay Flower Ceremony	Campomulo
	17.00	Relay Medal Ceremony	Campomulo
	20.00	Banquet	Lavarone

6 LATE PAYMENT

Payments for all WOC entries, accreditation and accommodation fees should be paid via bank transfer to:

Bank account: WOC.WTOC ITALY 2014

IBAN: IT48B0809134820000000024552

BIC: CCRTIT2T23A

Bank: CASSA RURALE DI FOLGARIA BBC - Piazza San Lorenzo, 47 - 38064 Folgaria (TN)

Important: no bank costs can be charged to the Organizing Committee.

Please note that no participant will receive accreditation ahead of full payment.

Cash payments are accepted up to 999 Euro. It will not be possible to pay with credit card.



7 EVENT CENTRE

THURSDAY 3rd - SATURDAY 5th JULY 2014

WOC office - Event Centre - Jesolo Lido

WOC office, Accreditation, Team Officials' Meeting will be in Jesolo Lido

c/o Palazzo del turismo di Jesolo - Pala Arrex

P.le Brescia 11, 30016 Jesolo Lido (VE)

Coordinates: 45.502708,12.632815

JESOLO LIDO



PUNTA SABBIONI





SUNDAY 6th JULY - SUNDAY 13th JULY 2014

WOC office - Event centre - Lavarone

WOC office, Accreditation, Team Officials' Meeting will be in Lavarone

C/o Centro congressi Apt Lavarone

Frazione Gionghi 107, 38046 Lavarone (TN)

Coordinates: 45.940653,11.26907



8 WOC OFFICE – ACCREDITATION

WOC Office is located in Jesolo from 3rd to 5th July and then from 6th to 13th in Lavarone.

In Jesolo Team Officials' Meetings is held in the same building of WOC office in Palarrex.

In Lavarone Team Officials' Meeting are held in the same building of WOC office.

For accreditation, team officials must show their team members' passports to prove their nationality and full passport-holding citizenship of the country of their Federation.

Teams will be asked to provide the phone numbers of team contacts to the WOC Office so that the organizers can quickly contact key team officials if necessary.

In the arenas WOC office is located near the finish area.

It is the place for official communication between teams and organizers during the competition (to get complaint forms, to make a complaint etc).

IOF and VIP accreditation badges will be given at GRAND HOTEL ASTORIA, please check "IOF OFFICIALS and WOC 2014 Guests" section for further information.

IOF GENERAL ASSEMBLY

Grand Hotel Astoria - Piazza Italia, 1 - 38046 Lavarone (TN)

5 DAYS OF ITALY EVENT CENTRE

Palazzo del Turismo - Via Millepini, 1 - 36012 Asiago (VI)

WOC OFFICE OPENING HOURS

DATE	HOUR	LOCATION
Thursday 3rd, July	08.00-21.00	PALA ARREX JESOLO
Friday 4th, July	08.00-21.00	PALA ARREX JESOLO
Saturday 5th, July	07.30-09.00	PALA ARREX JESOLO
	08.30-12.00	ARENA BURANO
	12.30-18.00	ARENA VENEZIA
Sunday 6th, July	08.30-12.30 / 15.00-21.00	APT LAVARONE
Monday 7th, July	08.30-12.30	APT LAVARONE
	15.30-19.00	ARENA TRENTO
Tuesday 8th, July	08.30-12.30 / 15.00-19.00	APT LAVARONE
Wednesday 9th, July	08.30-12.30 / 18.00-21.00	APT LAVARONE
	10.00-18.00	ARENA LAVARONE
Thursday 10th, July	08.30-12.30 / 15.00-19.00	APT LAVARONE
Friday 11th, July	08.30-09.00 / 18.30-21.00	APT LAVARONE
	09.30-18.00	ARENA CAMPOMULO
Saturday 12th, July	08.30-09.00 / 19.00-21.00	APT LAVARONE
	09.30-17.30	ARENA CAMPOMULO
Sunday 13th, July	08.30-12.00	APT LAVARONE

9 MEDICAL CARE

There is a fixed first-aid medical post in each competition area.

In the race area there are teams on foot with emergency vehicles located throughout the area.

If a competitor is injured in the terrain, the situation and the location of the patient must be notified to the nearest control point person / finish line.

The rescue and evacuation of the injured are organized by the medical staff of the Organization or by the Department of Medical Emergency - SUEM 118.

The staff Qualified Health is identifiable by uniform color "RED".

Other staff for emergencies is identified by the uniform color "YELLOW / BLUE"

The number of National Health Emergency is 118.

Security Emergency: 112

Accident / illness that occur outside of the competitive arenas are treated on the NHS Public.

The contact numbers and addresses of general practitioners available round the clock can be asked from the WOC office.

10 CEREMONIES AND BANQUETS

OPENING CEREMONY

The ceremony will be held in Asiago on Sunday 6th of July.

Teams will attend the opening ceremony in their official team uniforms.

The gathering of the athletes will be in Via Giuseppe Verdi (next to the event center of the 5 Days of Italy) where an entire parking lot will be reserved for the athletes and officials.

The starting of the ceremony is at 6,00 pm. The parade will be introduced by the Banda and it will start from the gathering point and will cross all the city of Asiago and its main center (500 meters walk).

VIP and Media will have reserved seats.

National flags are brought by the athletes indicated by the their Federation. They will be preceded by a young athlete from the local teams with the name of the nation.

When entering the main square of Asiago the flag will be placed next to the stage. The rest of the team will follow the flow and it will be accommodated in the front of the stage.

A welcome speech will be presented by the major of Asiago followed by the speeches as in the IOF protocol.

The ceremony will last approximately 60 minutes.

The medal awarding ceremony of Venice will follow the opening ceremony.

BANQUET

The Banquets are planned for the last day (Saturday 12th of July).

The IOF's Banquet will be by the official IOF Hotel: Grand Hotel Astoria starting from 8,00 pm on wards.

The Banquet of the Athletes will be held in Lavarone in Cluny's Pub. Opening time is set at 8,00 pm.

11 IOF OFFICIALS AND WOC 2014 GUESTS

The OC welcomes IOF delegates and WOC guests to Lavarone, Trentino - Italy.
The IOF delegates, VIPs and WOC guests should register through the official entry form.

Accreditation fee is € 100,00.

ACCREDITATION INCLUDES:

1. entry to VIP tent in the race arena
2. all competition maps
3. start and result lists
4. entry to VIP/Media race
5. promotional material
6. accreditation badge

- The registration form shall be sent with a passport sized photo.
- Accreditation shall not be considered valid till full entry fee has been paid.
Payment has to be made in advance, invoices will be given during the accreditation process.
- It will be possible to collect VIP accreditation badges, invoices, transport and parking tickets - if booked, at IOF VIP Desk at Grand Hotel Astoria in Lavarone.
- IOF Banquet will be held in Grand Hotel Astoria on Saturday, July 12th.
The cost is € 40,00 per person.
Booking needs to be made at the latest Tuesday July 8th at Astoria Hotel.

IOF WOC DESK WILL BE OPEN DURING THE FOLLOWING HOURS:

Thursday 3rd, July	10.00-12.00 / 15.00-18.00	GRAND HOTEL ASTORIA - LAVARONE
Friday 4th, July	10.00-12.00 / 16.00-21.00	GRAND HOTEL ASTORIA - LAVARONE
Sunday 6th, July	10.00-12.00	GRAND HOTEL ASTORIA - LAVARONE

The IOF Ordinary General Assembly will take place at Grand Hotel Astoria in Lavarone.

Transport to arenas and model events will be provided to the VIPs and Media representatives who have requested and paid € 120,00 transport package.

Please find more information in the "Transport and Parking" section.

IOF/VIP/Media race is scheduled for Tuesday, July 8th from 10.00 to 13.00 in Lavarone.

Maps are in scales 5.000/10.000. The terrain has good runability.

It will be possible to enroll by filling out the form that will be provided during the accreditation process.

Please check on the website in the section IOF CONGRESS for more information or contact us by writing to congress@woc2014.info.

12 MEDIA

The Main Media Centre will be located by the Event Centre in Lavarone.

WOC-WTOC 2014 Media Centre

C / o Centro congressi Lavarone Apt

Frazione Gionghi 107, 38046 Lavarone (TN)

Coordinates 45.940653,11.26907

Copy machines, internet stations and connections, Public Wireless LAN as well as work places are provided for the Media.

Internet access will also be available at the race arenas.

Media Accreditation gives rights to:

Enter designated areas and use designated service for media.

Receive starting and result lists and maps with courses immediately after the end of the competition.

Participation to the VIP/media race.

There is no dedicated transport for Media.

ACCOMMODATION:

if there is still some need for accommodation, the office by the Main Event center will be at disposal to find the best solution. For information and booking please contact the Booking Department accommodation@woc2014.info.

REGISTRATION FOR ACCREDITATION:

The deadline for media accreditation was set for the 30th April 2014.

For more information about accreditation, please contact:

Media Manager MARIO FACCHINI

Mobile: +39 348 1149895

Email: mariofacchini@newspower.it

MEDIA CENTER OPENING HOURS

DATE	HOUR	LOCATION
Friday 4 th , July	08.00-19.00	PALA ARREX JESOLO
Saturday 5 th , July	08.00-21.00/10.00-20.00	VENICE
Sunday 6 th , July	08.00-21.00	APT LAVARONE
Monday 7 th , July	08.00-21.00/14.00-20.00	TRENTO
Tuesday 8 th , July	08.00-19.00	APT LAVARONE
Wednesday 9 th , July	08.00-21.00	APT LAVARONE
Thursday 10 th , July	08.00-19.00	APT LAVARONE
Friday 11 th , July	08.00-21.00	APT LAVARONE
	09.30-18.00	ARENA CAMPOMULO
Saturday 12 th , July	08.00-21.00/08.30-19.30	APT LAVARONE
	08.30-19.30	ARENA CAMPOMULO

The Media Centre will be located quite close to the event centre, at the Centro Congressi apt Lavarone.

13 CONTACT

ORGANIZING COMMITTEE WOC-WTOC 2014

c/o APT Valsugana **ORGANIZING COMMITTEE WOC-WTOC 2014**

Villa Sissi - Loc. Parco, 3 - 38056 Levico Terme - Trento - Italy

Phone +39 0461 72770 - info@woc2014.info - info@wtoc2014.info

P.IVA 02244210221

14 TRANSPORT AND PARKING

Teams, VIPs and media representatives are free to use their own transport to all events.

Athletes and coaches will be transported by the organizers from prequarantine or quarantine to the pre start areas.

Teams, VIPs and media who have requested and paid for a transport package at time of accreditation (from July 3rd in Jesolo and from 6th in Lavarone) will receive their detailed schedules and the location of the bus stops, to and from model events and to and from competition arenas.

Maps showing the location of each arena and each parking area are shown in competition schedule. For races in BURANO and VENICE there will be a reserved parking area in Punta Sabbioni at "ACI PARKING" for car, minivan and Pullman of WOC 2014.

Please note that vehicles with more than 9 people have to pay an over tax for parking in Punta Sabbioni (ZTL).

More information is available at <http://www.ctservizi.eu/index.php?area=29&menu=49>

Free tickets for parking on Saturday morning 5th of July, are available for teams in WOC office in Jesolo .

Organization will ask the number of your license plate, so please note the plate before requiring free ticket for parking.

All other interested can buy a parking ticket in WOC office at the price of 3€ a car a day or 5€ minivan a day.

Other parking are available In Punta Sabbioni at a cost of 5 Euro per day for a single car, and 15 Euro for Minivan.

Teams are also free to use their own transport to reach Pre-quarantine area in Punta Sabbioni.

No alternative transport is available for all those who miss the bus or, for Venice, for those who miss the ferryboat.

Schedule of ferry boats for athletes and coaches:

First boat at 7.30 from Prequarantine in Punta Sabbioni to quarantine.

Second boat at 8.00 from Prequarantine in Punta Sabbioni to quarantine.

Ferry boats for Guest and VIP: 8.30 from Punta Sabbioni to Arena Burano.

There will be a Pre-quarantine area in Burano for all the athletes who qualify for Sprint final in Venice. This pre-quarantine closes at 12.30.

The location of the Pre-quarantine for the Final is close to the Burano Quarantine.

The organization will transport all athletes qualified for the final and their coaches from Burano to Venice. The use of any other kind of transport by qualified athletes will be strictly forbidden.

Athletes not qualified for the final (and coaches) will be transported by the Organiser to the finish arena in Venice at 13.30.

VENICE: for VIPs and media who wish to reach the arena of the final in Venice only, we suggest to use the ACTV ferry boat.

Teams will receive parking permits for all races except Sprint, together with maps and descriptions of the routes to all arenas and model events with accreditation.

Please note that vehicles without a parking permit are not allowed to park at the venues. Please have your parking permit visible on the dashboard of your vehicle.

Distance between event centre, arenas and other places during Woc 2014 are as follows:

	LAVARONE EVENT CENTER	TRAVEL TIME
VENICE	139 Km	2 h
CAMPOMULO	42 Km	50 Min.
ASIAGO	31 Km	40 Min.
TURCIO	35 Km	45 Min.
JESOLO	176 Km	2 h 30 Min.



FEASR



REGIONE del VENETO



Fondo europeo agricolo per lo sviluppo rurale: l'Europa investe nelle zone rurali



ASIAGO

*sole, verde, aria,
gioia di vivere la montagna*

sun, green, air, joy of living the mountain

CONSORZIO TURISTICO

ASIAGO 7 COMUNI

www.asiago.to

15 TEAM MATERIAL AND INFORMATION

Each team will get a WOC 2014 information/material package from the WOC Office upon accreditation.

The package includes the following items:

- Bulletin 4 for all team members.
- Accreditation badges.
- SI cards are assigned by name to each competitor and shall not be used by any other athlete.
- GPS vests for the whole WOC week. Adequate number of GPS vests will be assigned to each team and can be used by any athlete. All these must be returned at the latest after relay to the Event Centre office. A charge of 100 EUR will be imposed for any lost or missing SI-Card or Transponder, and 40 EUR for a GPS vest.
- Model event maps for the entire team.
- Parking tickets for team vehicles.
- Red cards for finish area permit.
- Entry forms for each race. All entries must be delivered to the Event Centre WOC Office according to the deadlines given in the program in section 5. Entry forms must be submitted on paper by a team representative. EMAIL IS NOT ALLOWED.

Bulletin 4 is the most important source of competition information to teams. This information will be complemented in Team Officials' Meetings prior to each competition day. In order to allow Team Officials' Meetings to be productive and flexible, please contact the Event Director before the meeting already if you haven't received the necessary information from the bulletins or by taking part in the respective model event. This will enable the organizer to include the missing details in the meeting presentation beforehand.

E-mail: janos.manarin@woc2014.info

The accreditation for athletes and team officials includes model events, competition maps, start and result lists. Competition maps and result lists are handed out in Event Centre WOC Office after each competition to one representative of each team.

Before the Team Officials' Meetings each team will receive start lists and possibly some additional information for the race when it will be considered to be provided by the Organisers.

Start bibs, and also transponder chips, GPS tracking devices and active SI-cards for the Sprint Relay will be given to the teams in the quarantine zone. All this equipment should be returned to the Organisers immediately after the runner's finish.

The WOC entry fee for athletes includes participation in the WOC competition qualification and final (when qualified). The accreditation for athletes and team officials don't include participation in 5 Days of Italy competition.



TEAM OFFICIALS' MEETINGS

Team Officials' Meeting for Sprint qualification and Sprint final will be held in Jesolo Lido C/o WOC Office at Pala Arrex. All other Team Officials' Meetings will be held in Lavarone at the Event Center.

Only accredited team officials (maximum 2 per team), IOF officials and organizers will be admitted to the meetings, where the start lists and official informations will be given. Future organizers will be admitted at Team Officials' Meeting.

DATE	HOUR	LOCATION
Friday 4 th , July	19.00-20.00 FOR SPRINT	WOC OFFICE PALA ARREX JESOLO
Sunday 6 th , July	14.00-15.00 FOR SPRINT RELAY	WOC OFFICE APT LAVARONE
Tuesday 8 th , July	19.00-20.00 FOR LONG FINAL	WOC OFFICE APT LAVARONE
Thursday 10 th , July	19.00-20.00 FOR MIDDLE FINAL	WOC OFFICE APT LAVARONE
Friday 11 th , July	19.00-20.00 FOR RELAY	WOC OFFICE APT LAVARONE

DATE	HOUR	LOCATION
Friday 4 th , July	14.00-16.00 TECHNICAL MODEL EVENT	WOC OFFICE PALA ARREX JESOLO
Sunday 6 th , July	15.00-16.00 TECHNICAL MODEL EVENT	WOC OFFICE APT LAVARONE

Please note that entry forms for competing athletes must be submitted to the WOC office no later than 12.00 of the day before each competition, with an exception for the Relay race, where the deadline is moved to 18:00. All the Forms are provided in the Event Centre upon accreditation.

No transport service will be organized from the accommodation to the Team Officials' Meeting.

16 ANTI-DOPING

Doping is strictly forbidden, and the organizers of WOC2014 are dedicated to supporting the anti-doping authorities in their work.

Doping controls may be carried out any time during the competition period.

As some sites for the doping controls may be a few minutes' drive away, we invite athletes to be prepared at all events to take along some dry clothes to change after their race.

Selected athletes will be given instruction to report to the doping control after finishing their race, and will be escorted by a chaperon. Random doping control may occur even during the days when there are no competitions. Doping tests will always be carried out in accordance with the procedures described in the WADA International Standard of testing. The IOF Anti-Doping Code and rules apply as of 1st February 2010.

Athletes selected for the doping tests must bring an official identification document (with photo) to the doping test area. Accreditation cards with photo must be used for this purpose.

The athlete should also bring along their Therapeutic Use Exemption (TUE) if applicable. In general, the OC strongly suggests that the athletes bring along their ID to all the competitions and events.

17 GENERAL COMPETITION RULES AND INSTRUCTIONS

RULES

The Competition Rules for IOF Foot Orienteering Events (valid from 1 January 2014) shall apply to the World Orienteering Championships 2014. See IOF Competition Rules on the IOF website: <http://www.orienteering.org>.

TEAM ZONES AT ARENAS

Only accredited team members and coaches with their personal WOC accreditation cards will be allowed in the team areas. All team areas are protected from the weather. There is a returning point for bags coming from the quarantine area and the pre-start. Water will be available in the team area. Toilet facilities are available at all sites.

BIBS

All competitors must wear their respective number bibs at all WOC 2014 competitions. Bibs will be available in the quarantine zone. In sprint qualification race the competitors must wear their bibs on the front. In all other races bibs must be worn both on the front and on the back. Bibs must be visible in their entirety; they shall not be folded over or cut down.

PUNCHING

The Sport Ident Card 9 and Si-card punching system will be used in all WOC2014 competitions except for Sprint Relay, where touch-free SportIdent Air+ system will be used. The competitors shall carry their assigned SI-card, which is provided by the Organisers.

TIMING SYSTEM

Sprint qualification: a start clock will be used, a photocell will take the finish time. As an integral part of the timing system a transponder (worn on the runner's ankle) will be used. Timing resolution will be at whole second.

Sprint final: A start clock will be used, a startgate will take the effective start time, a photocell will take the finish time. Timing resolution will be at tenth of second.

Relay- sprint relay: A transponder timing system will be used to measure change over and finish time, a photo finish camera will be used to detect the right finishing order in case of more competitors crossing the finish line together. Timing resolution will be at tenth of second.

Middle- long: A start clock will be used, a photocell device will take the finish time. Timing resolution will be at whole second. *Timing transponder (worn on the runner's ankle) shall be used for all the races.*

GPS TRACKING DEVICES

Tracking devices will be used in all the races except sprint qualification, so all athletes shall carry a GPS unit provided by the Organisers during all the races. Personal telecommunication/GPS equipment is not allowed to be brought to the pre-start area. Please refer to IOF Rule 21.4. Any athlete failing to comply with these requests shall be disqualified by the organizer.

An adequate number of GPS vests will be assigned to each team and can be used by any athlete. GPS vest has to be worn under the shirt. Organizers have some spare vests at pre-start in case of forgetting own vest. You can wash vest in 30°C without tumble-drying. Only non-permanent adjustments with tape or similar are allowed.

GPS units will be put to the vests at the pre-start by an organizer.

EQUIPMENT DISTRIBUTION

All the equipments mentioned above will be provided by the Organizers and must be carried by each runner during the whole race.

Sport Ident cards (used for all races except Sprint Relay) will be provided in the team materials to all the competitors and must be used during the whole WOC week. Each SI card is assigned by name to a specific competitor and shall not be used by any other athlete. At each start, there will be some spare SI-cards on hand in case a competitor has lost, misplaced or forgotten the card.

Transponder timing chips will be provided in the Quarantine area together with the Bibs, as well as SI Air+ active card for the Sprint Relay. GPS units will be put to the vests at the pre-start by an organizer.

EQUIPMENT RETURN

All this equipment provided in Quarantine and start area must be returned right after the race at the finish line. Sportident cards 9 and GPS vest should be returned by a team representative immediately after the Relay race. A fee of 100 EURO will be charged for any lost or missing Si-card or Siac or Transponder. A charge of 40 EUR will be imposed for any lost GPS vest.

EQUIPMENT AND PROCEDURES DEMONSTRATION

At the technical model event taking place on Friday 4th July from 14.00 to 16.00, the punching and timing equipments, as well as the layout of start and finish areas, will be demonstrated.

At the technical model event taking place on Sunday 6th July from 15.00 to 16.00, the touch-free from 15.00 to 16.00, the contact less punching system that will be used for Sprint Relay will be demonstrated.

COACHING ZONES

Coaches are allowed to go to the quarantine area and from the quarantine area to the pre-start. They are allowed to leave the quarantine and pre-start areas at any time (except in sprint qualification and final) but after leaving it is not possible to re-enter. Coaches must use the official transport from the quarantine area to the pre-start.

In sprint qualification and final, coaches cannot leave the quarantine during the race. Only between the last start of women and first start of men, coaches can leave the quarantine and they will be accompanied by staff members to the finish arena. After last men's start, coaches can leave the quarantine and reach the arena by themselves. There will be clearly marked coaching zones in the Arenas when there is an arena passage in the competition. Only two accredited coaches per team are allowed in those coaching zones.

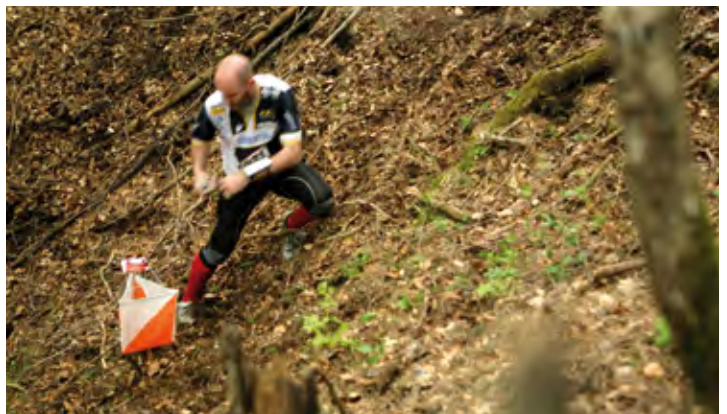
For fairness reasons only the following actions are allowed:

- Verbal communication - no written information.
- Exchange of personal equipment such as compasses, shoes, contact lenses and similar.
- Food and drinks passed on directly to the athlete.

CLOTHING:

According to the national rules, competitors must wear clothing covering the whole body. Short sleeved shirts are allowed.

Details for restriction for using spike shoes in each competition schedule.



18 EMBARGOED AREAS

Embargo of competition areas for WOC 2014 applies until the last competition is finished (12th July). For detailed information on the embargo please consult **Bulletin 3** and the WOC 2014 web site.

19 COMPETITION AREAS AND ARENA LOCATIONS

The following competition arenas will be used:

WOC SPRINT QUALIFICATION

BURANO

45 29'04" N 12 25'07" E

WOC SPRINT FINAL

VENEZIA S.ELENA

45 25'53" N 12 21'05" E



WOC SPRINT RELAY

TRENTO

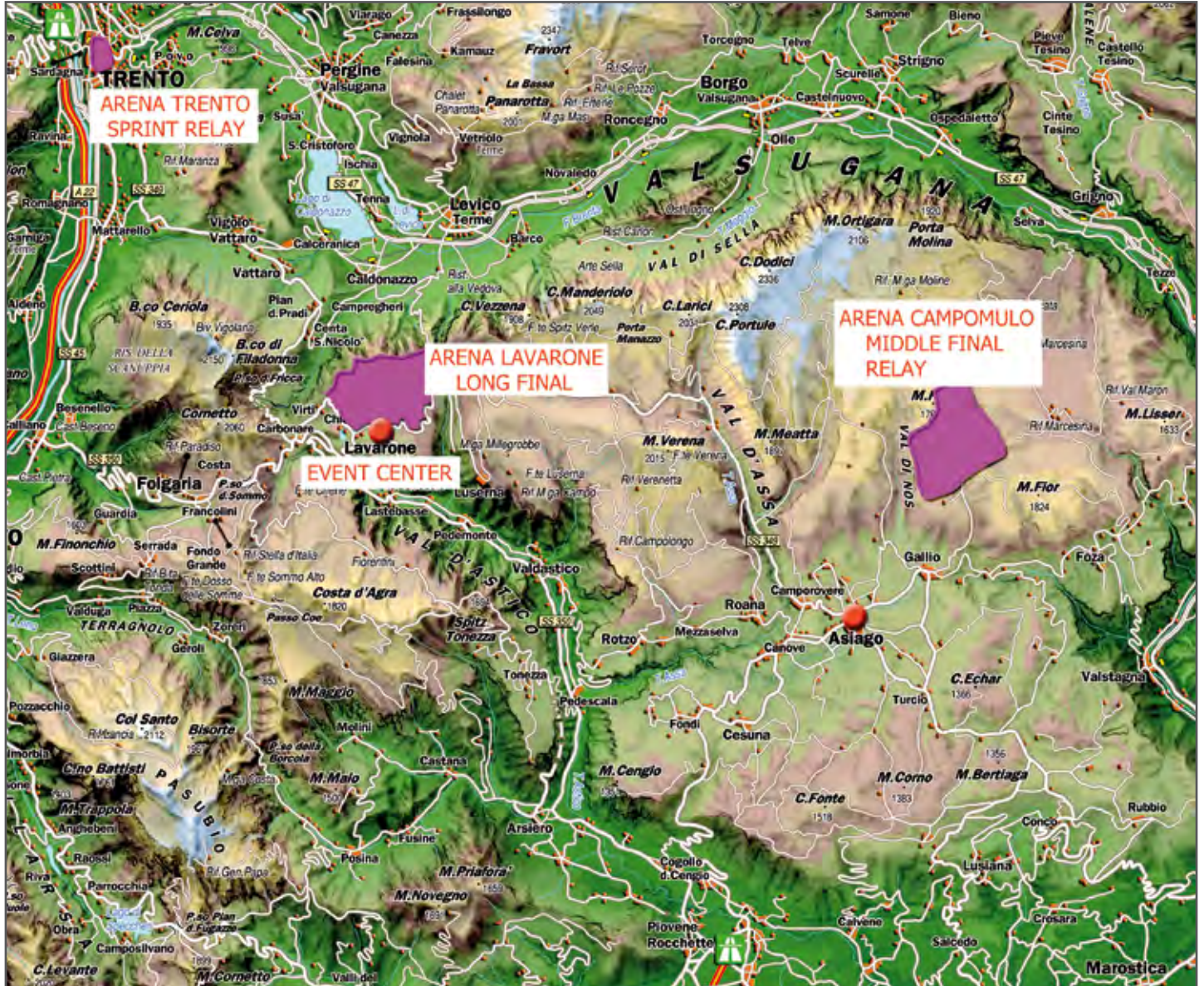
46 04'03" N 11 07'16" E



WOC LONG FINAL

LAVARONE

45 56'50" N 11 15'40" E



WOC MIDDLE FINAL

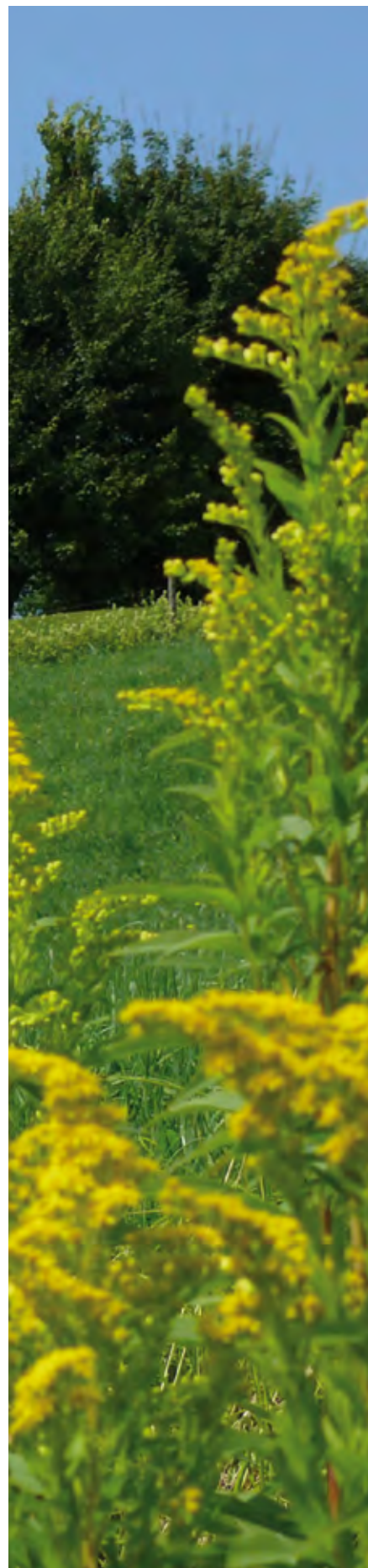
WOC RELAY

CAMPOMULO

CAMPOMULO

45 56'23" N 11 33'10" E

45 56'23" N 11 33'10" E



20 MAPS AND COURSES

MAP:
Competition maps are available for teams after each competition at the Arena WOC Office and later in the Event Centre WOC Office.

Maps are drawn according to the international specification for Orienteering Maps (ISOM2000) and the international specification for Sprint Orienteering Maps (ISSOM2007).

All WOC 2014 maps except Sprint Relay maps are spot colour offset printed (PMS colours) on 112 g/m² paper. Sprint relay maps is laserprinted.

The maps will be handed out at the start sealed in plastic bags.

All controls are manned and guarded during competitions. Officials may or may not be sitting close to the control locations.

Radio and TV controls are not specified on the control description. Any structure made for TV cameras are not drawn on the maps.

All control descriptions are also printed on the maps.

The sprint course lengths are the shortest feasible route as specified by rule 16.3.

21 MODEL EVENTS

Maps for Sprint Model event will be available for teams in Jesolo from 3rd of July. From that moment all team members are free to use the model event maps and courses at any time but here will be no controls in the terrain. Control flags and easels will be provided only during organized model event on Friday 4th of July between 10.00 and 12.00.

Maps for Sprint Relay, Long, Middle and Relay's model events will be available at WOC office in Lavarone by the 3rd of July. From that moment all team members are free to use the model event maps.

Flags and easels for sprint relay in Pergine will be provided only during organized model event on Sunday 6th of July between 09.30 and 11.30 Traffic is not closed during model event please be careful and follow traffic rules.

Organizers provide transportation to model events:

MODEL EVENTS PROGRAMME	HOUR	LOCATION
Friday 4 th , July	10.00-12.00 FOR SPRINT	VENEZIA SAN BASILIO
Sunday 6 th , July	09.30-11.30 FOR SPRINT RELAY	PERGINE
Tuesday 8 th , July	09.30-11.30 FOR LONG FINAL	LAVARONE
Thursday 10 th , July	09.30-11.30 FOR MIDDLE FINAL AND RELAY	CAMPOMULO

The model event for the sprint final gives wider information representing both the qualification and final together with information about the terrain, controls and map.

Model events for sprint are planned for Friday 4th July from 10.00 to 12.00 in Venice south west area.

Organization guarantees a transfer by ferryboat from Punta Sabbioni at 9.30 and coming back from S. Basilio at 12.00.

For Parking area in Punta Sabbioni at Woc office you could buy Parking Ticket at 3 Euro for each car and 5 Euro for Minivan (price without OC ticket is 7 Euro for car and 15 for Minivan).

Transport to model events is arranged as follows only for participants:

Sunday 6 th , July	08.00-12.00	ONE HOUR TRAVEL TIME	FOR SPRINT RELAY PERGINE
Tuesday, July 8 th	08.30-12.00	TRAVEL TIME	FOR LONG FINAL LAVARONE
Thursday, July 10 th	08.00-12.00	ONE HOUR TRAVEL TIME	FOR MIDDLE FINAL CAMPOMULO

22 QUARANTINE

There will be quarantine areas for all races including relays.

In the quarantine zone of all races, athletes will be protected from the weather (rain, sun, heat, wind, etc.). In quarantine areas it is possible to stay inside or outside.

TO QUARANTINE (runners and coaches)

Transport from event centre to quarantine areas will be guaranteed only for those who paid for transport package. Athletes and coaches must observe the check-in times for each WOC event.

The latest check-in time in order to enter the quarantine is defined and no-one will be allowed in the quarantine area after that time. At the check-in to the quarantine area, each athlete and coach has to show his or her accreditation card with a picture and has to sign in the entry form.

FROM QUARANTINE TO PRE-START (runners and coaches)

From the quarantine area athletes will be transported by the organizers to the pre-start areas.

Transport from quarantine areas to pre-start areas is guaranteed for all the athletes and coaches. It will take between 10 and 20 minutes depending on the race. Busses and/or minibusses are used for transport.

Please note that teams will not be allowed to drive their own vehicles between the quarantine zone and the pre-start area. Transport will either be provided by the organizers or there will be a short walk.

In Burano and Venice Pre-start is inside quarantine so no transportation is needed.

FROM PRE-START TO ARENA (coaches)

Coaches can leave quarantine in every moment but once leaving the quarantine, coaches are not allowed to come back.

Coaches will always be transported from pre-start to the arenas except in Burano and Sant'Elena where they can reach the arenas accompanied by staff members in the range between last women start and first men start.

A shuttle transport service will be provided from quarantine zones to WOC event arenas for competitor's bags and clothes.

Clothes are transported from the pre-start area to the finish. Please leave your bags in the designated place near the drop off. There is only limited infrastructure (shelters, toilets, water) in the pre-start area.

DIRECT TO ARENA (team members non running)

Team members not running and coaches can drive directly to arenas where there will be parkings provided by organizers.

There will also be a Pre-quarantine for races in Burano and Venice, due to the fact that both athletes and coaches must be identified and boarded on a private boat provided by the organization. **QUARANTINE CAN BE REACHED WITH ORGANIZATION'S BOATS ONLY.** A contact number of the OC will be provided in case of extreme situations.

All Quarantine's procedures are described in the diagrams reported in the information of every single race.

A warm-up map is available for all races except sprint final. Warm-up map shows the boundaries of pre-start area.

There is a clock showing competition time in pre-start area.

The use of mobile phones, computers or any other communication devices inside the quarantine zone is strictly forbidden. It is not allowed to bring any maps of the competition areas into the quarantine zone.

The quarantine area for the relay will be a designated part of the arena where no view of the TV-screen is possible.

Please see detailed information for each WOC event in chapters 22 A-B-C-D-E-F.

SPRINT QUALIFICATION:	PUNTA SABBIONI PRE QUARANTINE ACI PARKING VIA FAUSTA - PUNTA SABBIONI - (VE)	45°26'54.51"N 12°25'34.99"E
SPRINT FINAL:	BURANO PRE QUARANTINE	45°29'11.94"N 12°24'33.70"E
SPRINT RELAY:	TRENTO QUARANTINE Parking at: TRENTO FIERE PARKING VIA DI BRIAMASCO, 2 TRENTO (5 minutes walking to quarantine)	46° 4'2 .19"N 11° 7'11.00"E 46° 3'55.00"N 11° 6'58.96"E
LONG FINAL:	LAVARONE QUARANTINE GYMNASIUM FRAZ GIONGHI - LAVARONE - (TN)	45°56'21.78"N 11°16'7.62"E
MIDDLE FINAL:	GALLIO QUARANTINE AUDITORIUM GALLIO VIA ROMA, 2 - GALLIO - (VI)	45°53'33.45"N 11°32'58.00"E
RELAY:	CAMPOMULO QUARANTINE	45°56'26.01"N 11°33'14.92"E



23 START PROCEDURES

The competitor's name and bib number is called at the pre-start X minutes before the assigned start time. The competitor then enters the first box. There is a clock at the entrance to the first box showing the start time. It is the competitor's responsibility to watch for his/her start time.

There is also a clock showing competition time in pre-start area.

In the first box, the competitor's SI card and start numbers are checked. The tracking device is put into the competitor's vest. There are intermediate checkpoints where the remaining distance and time is posted.

- 4 minutes (-6 for middle): Start numbers and SI card are checked

- 3 minutes: (-4,5 for middle) Control descriptions can be taken

- 2 minutes: (-3 for middle) Clear and Check SI card

- 1 minute: (-1,5 for middle) Position behind the start line. Distance in different competitions from -1 min line to the start line is between 4 meters to 70 meters. See details in chapter 24.

Start: The competitor's map is placed face down next to the start line marked with the start number on the back of the map. 10 seconds before the start time, the competitor hears a signal from the start clock. 5 seconds before the start time, the count-down begins with short beeps and a long beep at exactly the start time.

An official releases the competitor by taking his hand off the competitor's shoulder.

The start triangle is marked in the terrain by a control flag. The route to this flag is marked with tapes. Competitors must follow this marked route to the start point.

PROCEDURES FOR LATE STARTERS

Late competitors must report at the pre-start call-up. If the organizer decides that the competitor has enough time to start at the allocated time, an official will accompany them through the normal procedure to the start line. If the competitor is too late to follow the normal procedure, they will be allowed to start one minute before the next competitor on that course (45 seconds for middle 30 seconds for the Sprint).

In all cases of lateness caused by the competitor their original start time will be counted! If a competitor is late through the fault of the organizer, he or she will be timed with their real start time.

START INTERVALS

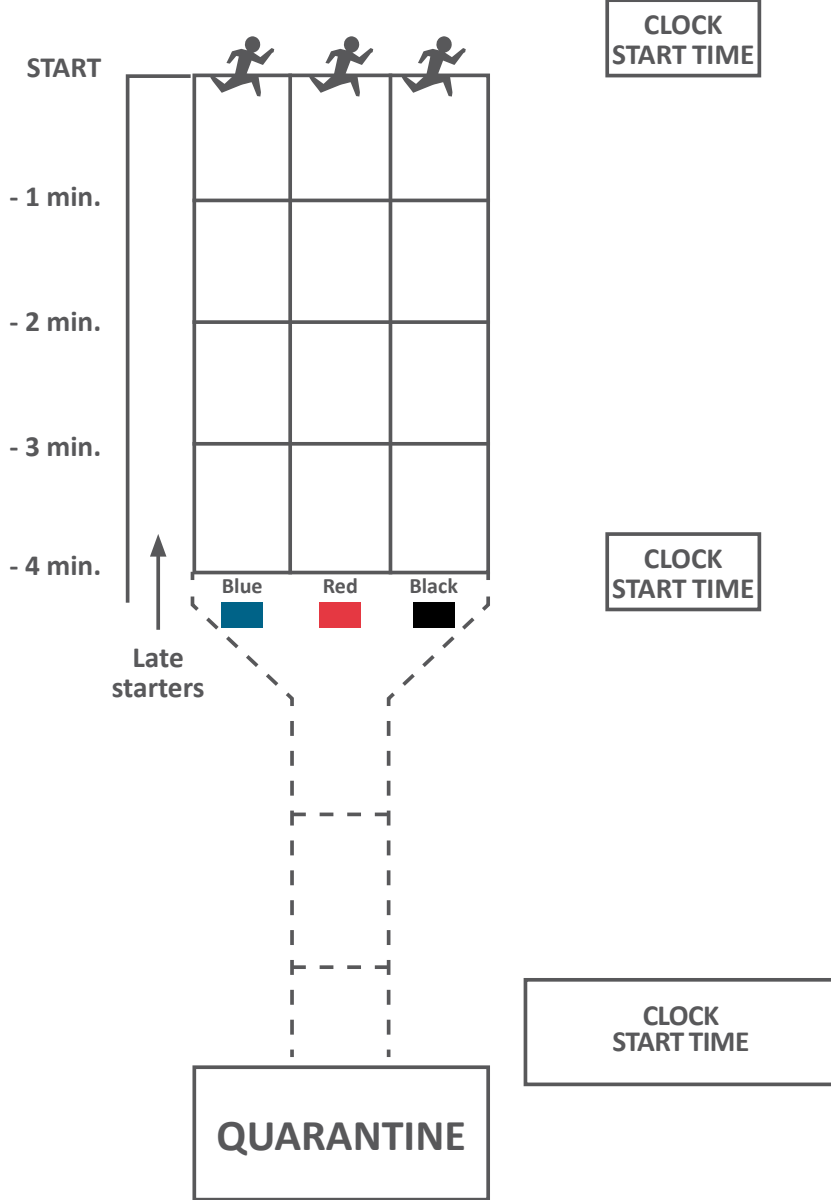
The start interval will be 1 minute for Sprint qualification and final, 1 minutes 30 second for the middle distance final and 2 minutes for the long distance final.

START DRAWS

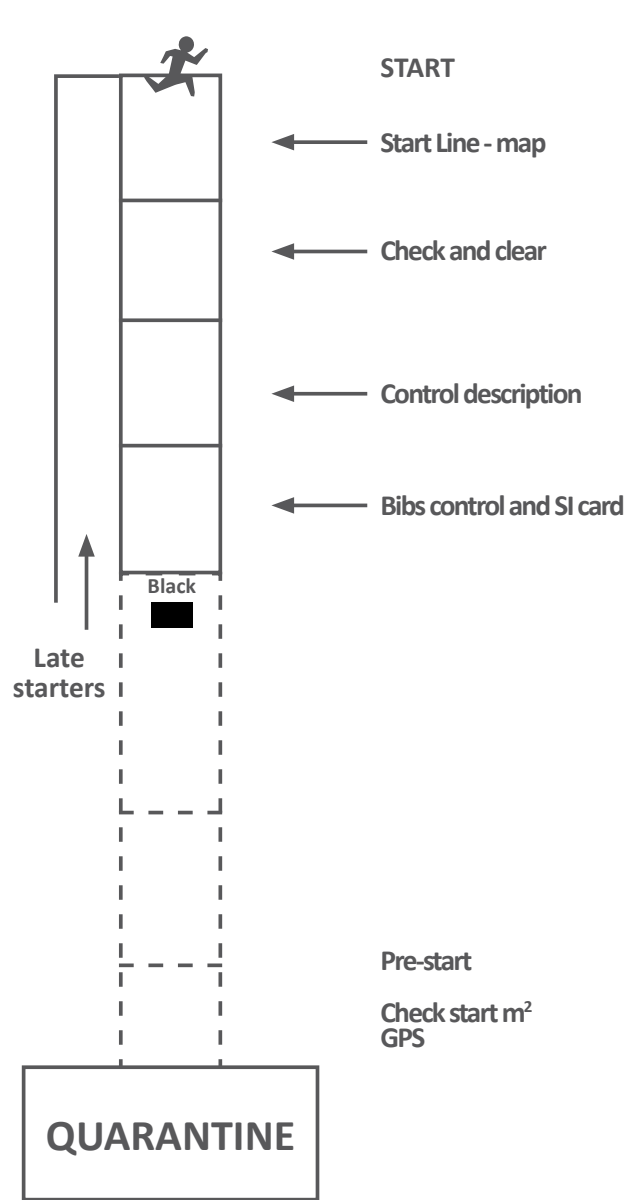
The start draws will be made according to the IOF competition rules under the supervision of the IOF Senior Event Adviser. The draws will not be open to team officials, athletes or the public.



QUALIFICATIONS



FINALS



24 A. SPRINT QUALIFICATION**BURANO 05.07.2014****COURSE AND TERRAIN**

COURSE PLANNER: CARLO PILAT
 CONTROLLER: JANOS MANARIN
 MAP: RODOLFO DE FERRARI SAPETTO

	LENGTH	CLIMB	CONTROLS	WINNING TIME	MAP SCALE	CONTOUR INTERVAL	MAP SIZE	CONTROL DESCRIPTION SIZE	MAXIMUM TIME
MEN	3,55-3,70 km	-	20/21	12 minutes	1:4000	2,5m	30x21 cm	15x5 cm	50 min
WOMEN	3,3-3,5 km	-	18/19	13 minutes	1:4000	2,5m	30x21 cm	14x5 cm	50 min

The sprint qualification will be held in Burano and Mazzorbo islands. This area is partly urban with very narrow streets and a canal with bridges. The rest of the area is less built and more green with some farmland. The area is closed off for traffic.

PRE-QUARANTINE PROCEDURE: PUNTA SABBIONI

Pre-quarantine meeting place is on "Boarding 7"

Pre-quarantine check-in time: 07:00-08.00

Quarantine time closed 8.50

1st boat DEPARTURE at 07:30 am

2nd boat DEPARTURE at 08:00 am

Estimated travel time: 25 minutes

TRANSPORT:

6.45 TRANSPORT FROM EVENT CENTRE TO PREQUARANTINE IS INCLUDED IN TRANSPORT PACKAGE

7.30-8.00 TRANSPORT FROM PRE QUARANTINE TO QUARANTINE IS PROVIDE BY THE ORGANIZATION FOR ALL TEAMS

ATHLETES AND OFFICIALS MUST REACH THE QUARANTINE AREA IN BURANO WITH ONE OF THESE ORGANIZATION BOATS.

Athletes and officials must be identified and boarded on a private boat provided by the organization.

A contact number of the OC will be provided in case of extreme situations.

QUARANTINE PROCEDURE: BURANO

FIRST START WOMEN: 09:00 BIBS 1-130

FIRST START MEN: 10:00 BIBS 201-350

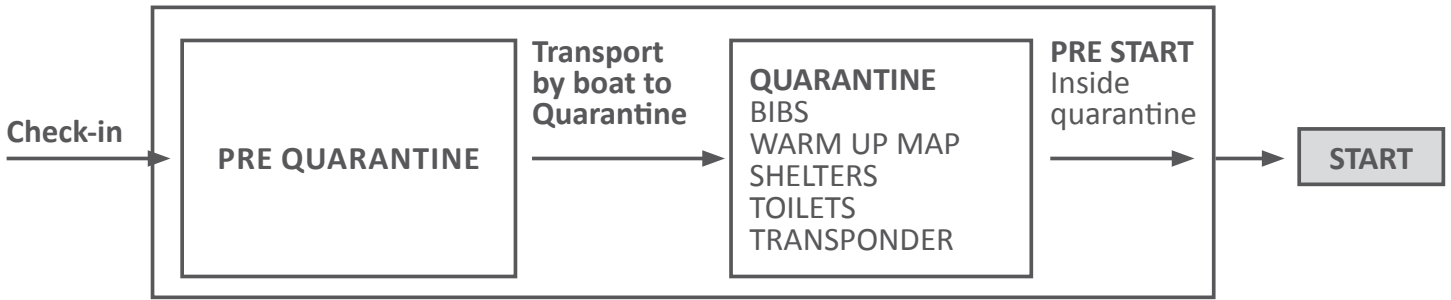
START INTERVAL: 1 minute

3 runners start at the same time. The three channels in the last 3 minutes are marked with colors (blue = left, red = middle, black = right). The colors of race numbers correspond to the channel.

PRE START AREA IS INSIDE THE QUARANTINE AREA

PRE START TO START: CALL UP 5 MINUTES BEFORE START INSIDE QUARANTINE

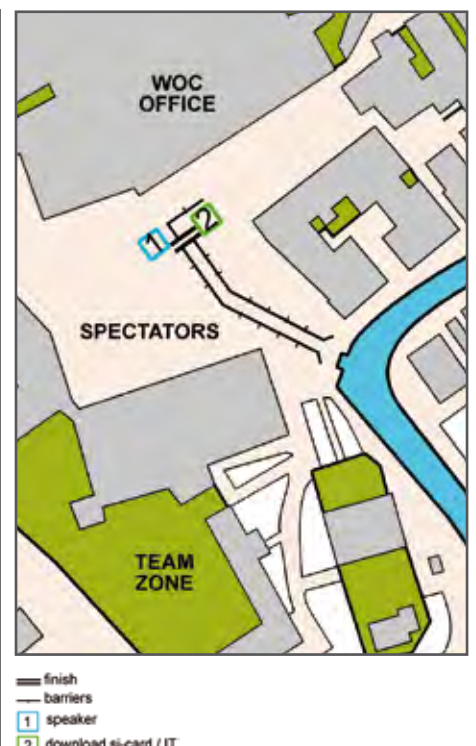
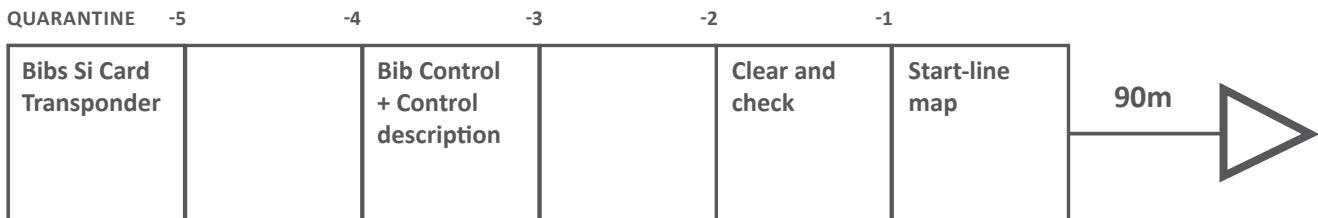
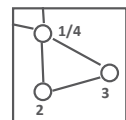
QUARANTINE



ADDITIONAL INFORMATION:

- Athletes are not allowed to leave arena until the competition is finished.
- Results of qualification will be published near the WOC office at the finish Arena after qualified athletes can be established. So approximately at 11.00.
- Complaint time will begin after the results are published and it is 15 minutes long.
- Athletes qualified for Sprint Final cannot go back to Punta Sabbioni.
- Start list for Sprint Final will be published in the quarantine area in Venice latest at 14.00.
- Water and toilet facilities are available inside quarantine.
- Athletes can leave their bags in quarantine where they can have shower after the finish of qualification race. Organizations still provide transport of clothes from quarantine to arena.
- Long spikes are not allowed.

Athletes may have to punch twice at the same control as illustrated in the example picture.



24 B. SPRINT FINAL**VENICE 05.07.2014 AFTERNOON****COURSE AND TERRAIN**

COURSE PLANNER: JANOS MANARIN
 CONTROLLER: CARLO PILAT
 MAP: RODOLFO DE FERRARI SAPETTO

	LENGTH	CLIMB	CONTROLS	WINNING TIME	MAP SCALE	CONTOUR INTERVAL	MAP SIZE	CONTROL DESCRIPTION SIZE	MAXIMUM TIME
MEN	4,40 km	-	20	15 minutes	1:4000	2,5m	30x34 cm	16x5	50 min
WOMEN	4,05 km	-	18	15 minutes	1:4000	2,5m	30x34 cm	15x5	50 min

UNQUALIFIED ATHLETES

Unqualified Athletes are not allowed in the quarantine area in Venice.
 Organization will provide transport with boat for non qualifying athletes and coaches to the Sprint Final arena or (later) back to Punta Sabbioni.

Boat DEPARTURE at 13:30

Estimated travel time: 25 minutes to Punta Sabbioni /60 minutes to Sprint Final arena

QUALIFIED ATHLETES

PRE-QUARANTINE PROCEDURE: BURANO

Pre-quarantine meeting place will be marked by the organizers, and it will be just outside Burano qualification's quarantine.

Athletes and officials must be identified and boarded on a private boat provided by the organization.

Pre-quarantine check-in time: (12.15-12.30)

Boat DEPARTURE at 12:30

Estimated travel time: 60 minutes

ATHLETES AND OFFICIALS MUST REACH THE QUARANTINE AREA IN VENICE WITH THIS BOAT.
 A contact number of the OC will be provided in case of extreme situations.

QUARANTINE PROCEDURE: VENICE

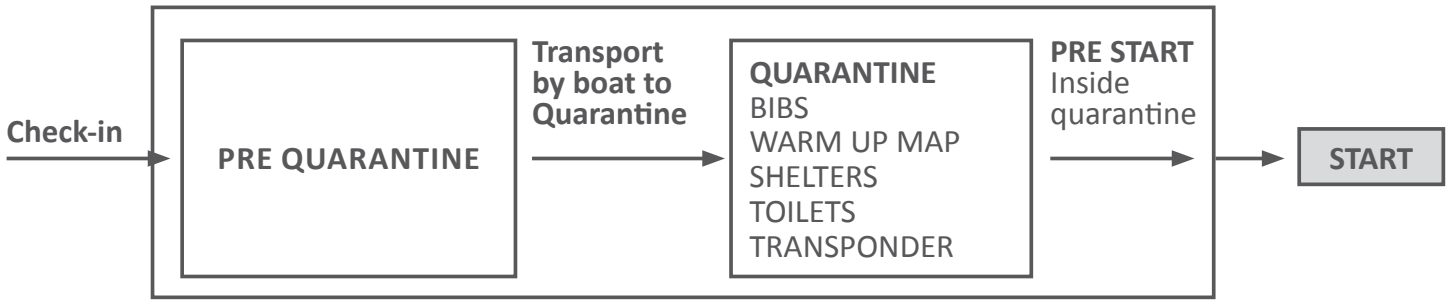
At arrival at Quarantine Area athletes must sign entrance in quarantine.

FIRST START WOMEN: 15:20 **BIBS** 1-45 front and back (both black)
FIRST START MEN: 16:25 **BIBS** 101-145 front and back (both black)
START INTERVAL: 1 minute

Athletes can warm up area inside quarantine.
PRE START TO START: Call up 8 minutes before start.
PRE START is inside the quarantine.
FLOWER CEREMONY at 18.00 in the arena.

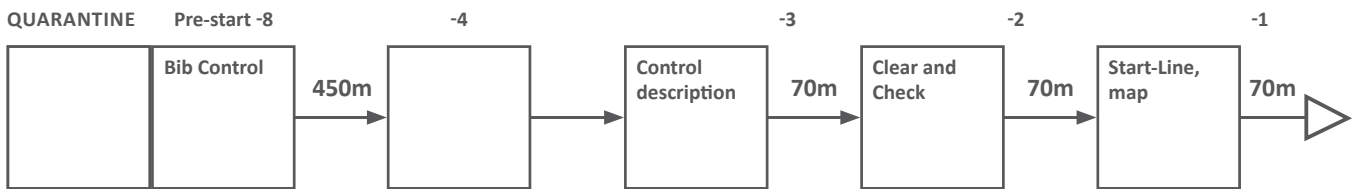
Transport back from Arena to Event center: There will be a boat for all from Arena to Punta Sabbioni, and bus direct to Lavarone only for transport package.

QUARANTINE



ADDITIONAL INFORMATION:

- Spike shoes are not allowed
- Athletes are not allowed to leave arena until the competition is finished.
- Complaint time will begin after the results are published and it is 15 minutes long.
- There will be a change of map in the courses. Athletes has to punch the control, leave the first map and take the new map from the organizers.



- finish
- barriers
- screen
- 1 download si-card / IT
- MEDIA
- VIP

24 C. SPRINT RELAY**TRENTO 07.07.2014****COURSE AND TERRAIN**

COURSE PLANNER: SIMONE GRASSI

CONTROLLER: ANDREA RINALDI

MAP: RODOLFO DE FERRARI SAPETTO

COURSES	LENGTH	CLIMB	CONTROLS	WINNING TIME	MAP SCALE	CONTOUR INTERVAL	MAP SIZE	MAXIMUM TIME
LEG 1,4	3,90 km	20	14	15 minutes	1:4000	2,5 m	21x29 cm	120 min
LEG 2-3	4,5 km	20	16	15 minutes	1:4000	2,5 m	21x29 cm	120 min

The sprint relay will take place in the historical center of Trento. Most of the competition terrain (90%) is paved urban area and the rest is park area. The area is flat and characterized by perpendicular Roman streets with medieval influence.

ADDITIONAL INFORMATION:

- Spike shoes are not allowed.
- Control description are printed on the maps only.
- Complaint time is 15 minutes after announcement of official results
- There is a change of map on all legs, second map is on the back of first map. At the map changing athletes have to follow the marked route but don't have to punch any control at the map changing.

TRANSPORT FROM EVENT CENTRE TO ARENA: 14.30 TRANSPORT IS INCLUDED IN TRANSPORT PACKAGE

QUARANTINE CHECK-IN TIME: 15.30-17.00

QUARANTINE CLOSES at 17.00

START: 17.30

BIBS: 1-40

1ST LEG WHITE on front, Nation on back

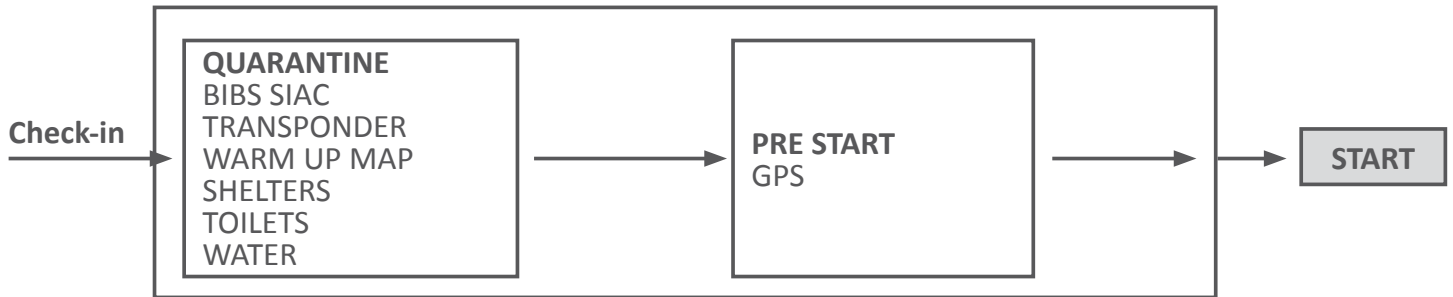
2ND LEG YELLOW on front, Nation on back

3TH LEG RED on front, Nation on back

4TH LEG BLUE on front, Nation on back



QUARANTINE



QUARANTINE AREA:

The quarantine area for Sprint Relay will be close to the arena where no view of the TV-screen is possible. There are some shelters, toilets, drinks and space for warm-up in the quarantine area, and a warm-up map.

First leg runners can go directly to the start: controlled and cleared SIAC, TRANSPONDER and GPS units are given at the quarantine or prestart.

Runners for 2nd, 3rd and 4th leg are allowed to leave quarantine to change-over through the corridor about approx 4/5 minutes before leading team's change-over. Distance from quarantine to change-over is 30 meters. Athletes may leave their clothes in quarantine to staff members and gather them in the dressing area close to the arena at the end of their race.

Once the athletes leave the quarantine they are not allowed to come back.

START:

First runners maps will be on ground, mostly covered by a plastic ribbon. Start signal is a gun shot.

There is a changing of map. The second part of the map is on the back. The first map can be recognized from the team number on top and by the sequence of controls.

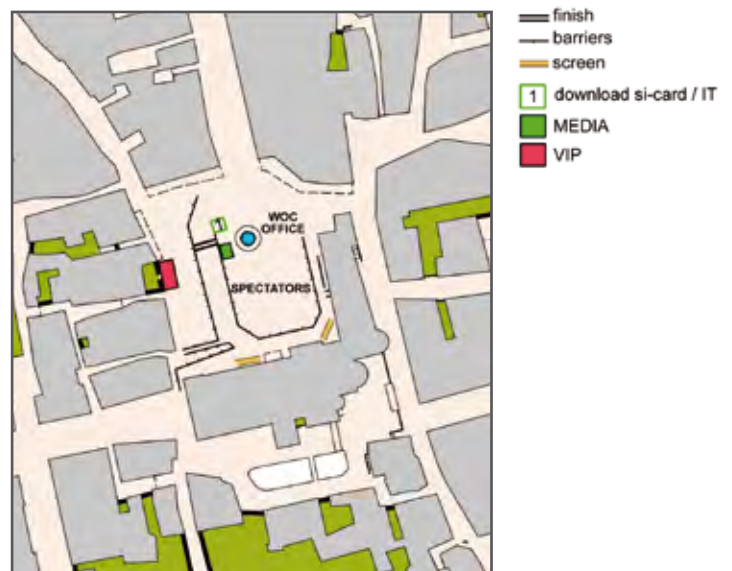
CHANGE-OVER:

Changeover will take place in the following way: the competitor who arrives at the finish, will leave his/her map in a box at the entrance of the arena, then she/he will have to go to the panel marked by the bib number and nation name and flag and grab the map (attached with a paper clip) and give it to the outgoing runners, placed beyond the panel. The time will be taken at the entrance of arena by the transponder. In this way, the map serves as the relay between the two runners.

Second, third and fourth runners can see their team mates on a passage into the arena.

It's competitor's responsibility to take the correct map.

FLOWER CEREMONY 18.30 in the arena.



24 D. LONG FINAL

LAVARONE 09.07.2014

COURSE AND TERRAIN

COURSE PLANNER: FABIO HUELLER

CONTROLLER: ANDREA CIPRIANI

MAP: SERGEY SKRIPKO-SERGEY POZDEEV-GENNADY YASHPATROV

	LENGTH	CLIMB	CONTROLS	REFRESHMENT	WINNING TIME	MAP SCALE	CONTOUR INTERVAL	MAP SIZE	CONTROL DESCRIPTION SIZE	MAXIMUM TIME
MEN	16,36km	820 M	33	4	97 minutes	1:15000	5 M	30x32 cm	25x5	240 min
WOMEN	11,00km	495 M	23	4	77 minutes	1:15000	5 M	30x32 cm	18x5	180 min

The long distance final will be held in the hills and valleys of Lavarone with stretches of alpine, pine, spruce and beech forest. The terrain is a mix of areas with good visibility, forest with good runnability, and areas where vegetation is more dense and running speed is reduced.

ADDITIONAL INFORMATION:

- There is no restriction regarding shoes
- Complaint time is 15 minutes after announcement of official results
- There is water and energy drink for refreshment in refreshment controls
- There is an arena passage toward the end of the courses with refreshment and a coaching zone.
- There is a map change during the course. Athletes have to punch the control, then leave the first map and should take the correct map with their start number from the wall.

QUARANTINE CHECK-IN TIME: 10.00-11.50

FIRST START WOMEN: 12.00

BIBS 1-75 front and back (both black)

FIRST START MEN: 12.50

BIBS 101-183 front and back (both black)

START INTERVAL: 2 MINUTES rules deviation approved by IOF

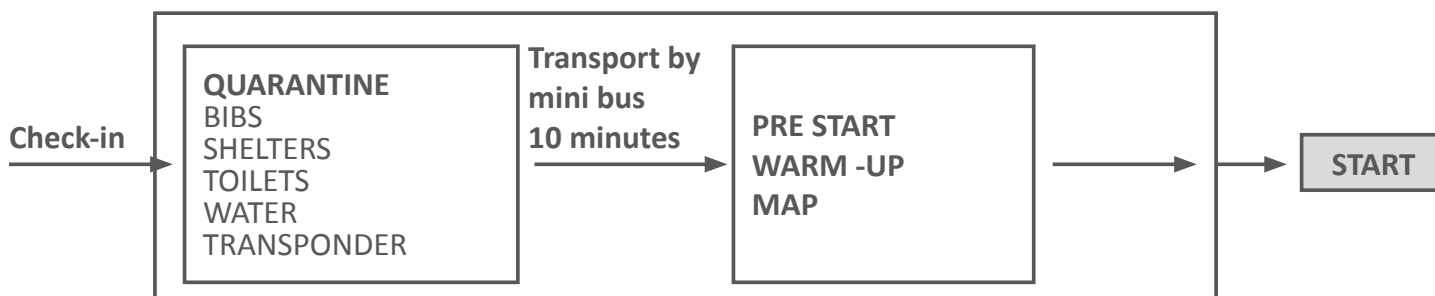
TRANSPORT FROM EVENT CENTRE TO QUARANTINE: Quarantine is close to event Centre

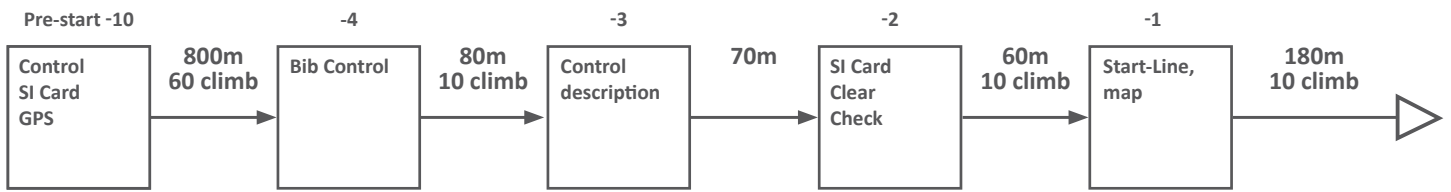
PRE-START AREA: Pre-start area with some shelters, toilets, drinks, and warm-up map.

PRE-START TO START: Call up 10 minutes before start.

AWARD CEREMONY: 17.00 in arena.

QUARANTINE





- finish
- barriers
- screen
- 1 download si-card / IT
- MEDIA
- VIP
- SHOPS

24 E. MIDDLE FINAL

CAMPOMULO 11.07.2014

COURSE AND TERRAIN

COURSE PLANNER: CRISTIAN BELLOTTO

CONTROLLER: AARON GAIO

MAP: SERGEY SKRIPKO-GENNADY YASHPATROV-IGOR LEONTEEV

	LENGTH	CLIMB	CONTROLS	REFRESHMENT	WINNING TIME	MAP SCALE	CONTOUR INTERVAL	MAP SIZE	CONTROL DESCRIPTION SIZE	MAXIMUM TIME
MEN	5.86 km	290 M	19	1	35 minutes	1:10000	5 M	30x30 cm	14x5	120 min
WOMEN	4.96 km	230 M	16	1	34 minutes	1:10000	5 M	30x30 cm	12x5	120 min

The middle distance final is organized in Campomulo, which is part of Asiago karstic highland, in the altitude of 1500-1700 meters above sea level. The landscape is characterized by many terraces divided by steeper areas. Vegetation varies from alpine pastures to open forest, mainly coniferous, and the ground surface is very rocky throughout reducing the runnability in the forest. Trenches from World War are very common in this area. The network of paths, tracks and roads is not very dense. Cross country ski tracks exist in parts of the area.

ADDITIONAL INFORMATION:

- There are no restrictions concerning shoes.
- Complaint time is 15 minutes after announcement of official results.
- There is an arena passage with coaching zone.

QUARANTINE CHECK-IN TIME: 9.00-11.50

FIRST START WOMEN: 12.00

BIBS 1-80 front and back (both black)

FIRST START MEN: 14.30

BIBS 101-183 front and back (both black)

START INTERVAL: 1.30 MINUTES

rules deviation approved by IOF

PRE-START AREA: Pre-start area with some shelters, toilets, drinks, and warm-up map

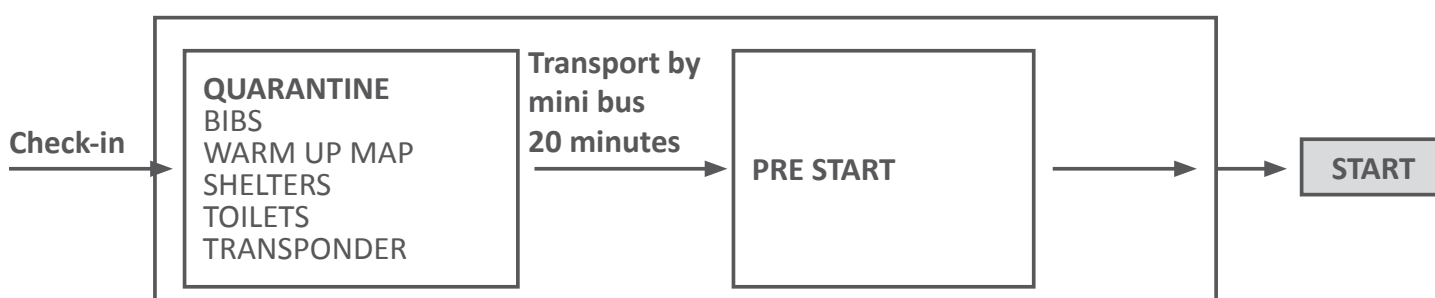
PRE-START TO START: Call up 15 minutes before start.

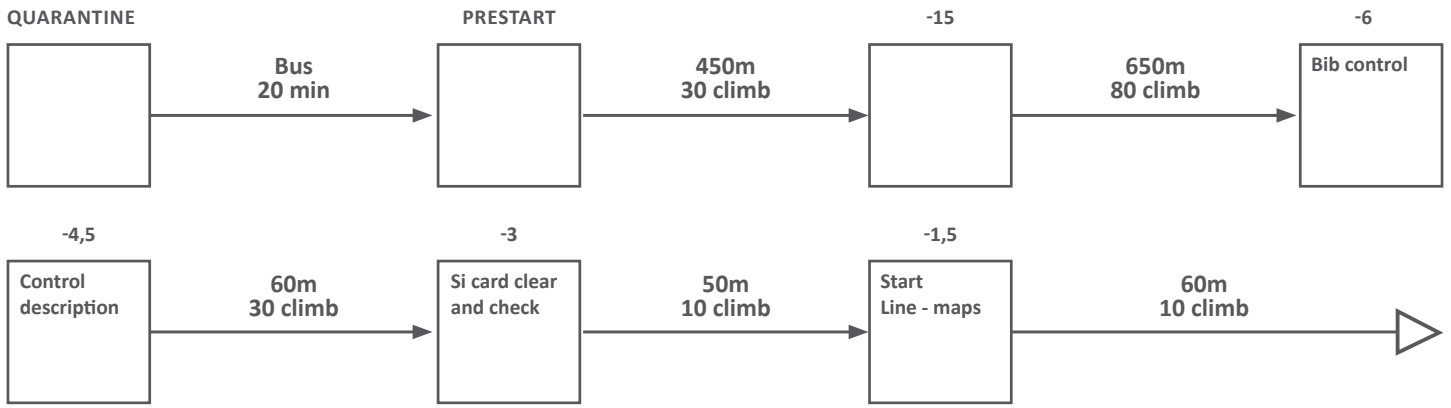
AWARD CEREMONY: 17.00 in arena

TRANSPORT FROM EVENT CENTRE TO QUARANTINE: 09.00 TRANSPORT IS INCLUDED IN TRANSPORT PACKAGE

Transport from quarantine to Pre-start will be provided by busses that will travel back and forth. Estimated travel time: 20 minutes.

QUARANTINE





- finish
- barriers
- screen
- 1 download si-card / IT
- MEDIA
- VIP
- SHOPS

24 F. RELAY

CAMPOMULO 12.07.2014

COURSE AND TERRAIN

COURSE PLANNER: CRISTIAN BELLOTTO

CONTROLLER: AARON GAIO

MAP: SERGEY SKRIPKO-GENNADY YASHPATROV-IGOR LEONTEEV

MEN

COURSES	LENGTH	CLIMB	CONTROLS	WINNING TIME	MAP SCALE	CONTOUR INTERVAL	MAP SIZE	MAXIMUM TIME
LEG 1,2	6.1-6.2 km	275-285	18	37 minutes	1:10000	5 m	30x30 cm	
LEG 3	6,7-6.9 km	310-315	16	41 minutes	1:10000	5 m	30x30 cm	
TOT				115 minutes				270 min

WOMEN

COURSES	LENGTH	CLIMB	CONTROLS	WINNING TIME	MAP SCALE	CONTOUR INTERVAL	MAP SIZE	MAXIMUM TIME
LEG 1,2	4.6-4.7 km	245-255	18	33 minutes	1:10000	5 m	30*30 cm	
LEG 3	4,9-5,1 km	250-265	16	35 minutes	1:10000	5 m	30*30 cm	
TOT				101 minutes				240 min

ADDITIONAL INFORMATION:

- Long spikes shall not be allowed
- Control description are printed on the maps only
- Complaint time is 15 minutes after announcement of official results
- There is water on refreshment control

TRANSPORT FROM EVENT CENTRE TO ARENA: 10:00 TRANSPORT IS INCLUDED IN TRANSPORT PACKAGE

QUARANTINE CHECK-IN TIME: 10.00-12.50

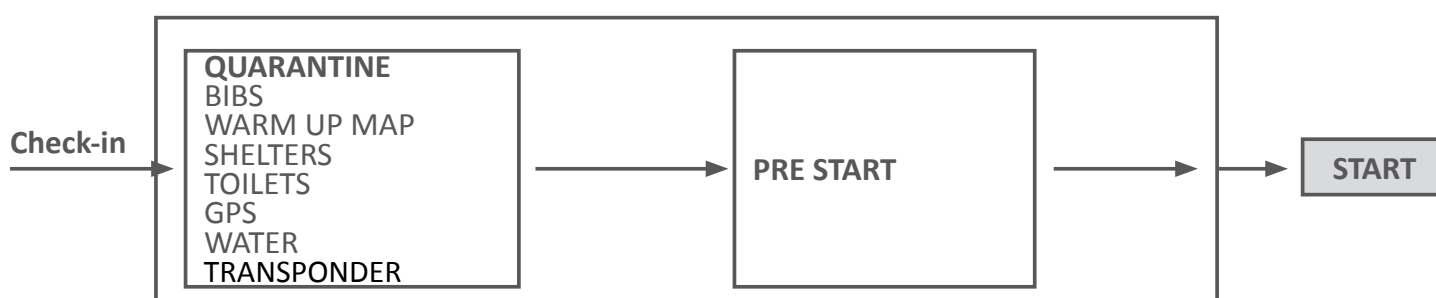
START WOMEN: 13.00

START MEN: 15.00

BIBS: 1-31 WOMEN
1st LEG WHITE on front, Nation on back
2nd LEG YELLOW on front, Nation on back
3th LEG BLUE on front, Nation on back

BIBS: 101-137 MEN
1st LEG WHITE on front, Nation on back
2nd LEG YELLOW on front, Nation on back
3th LEG BLUE on front, Nation on back

QUARANTINE



QUARANTINE AREA:

The quarantine area for the relay will be a designated part of arena where no view of TV-screen is possible. There are some shelters, toilets, drinks and space for warm-up in the quarantine area.

First Leg runners in women's relay can go directly to the start. Si card is controlled and cleared in start area and Gps unit given in the quarantine area.

First leg men's relay must stay in quarantine zone until 14.55. Si card is controlled and cleared in start area and Gps unit given in the quarantine area between 14.45-14.55

FROM PRE-START

1st leg runners are led to the start

All Runners for 2nd and 3rd leg are allowed to leave quarantine to change-over through the corridor about approx 4/5 minutes before leading team's change-over. Distance from quarantine to change-over is 150 meters. Transportation of clothes are available from pre-start to team area. Once the athletes leave the quarantine they are not allowed to come back.

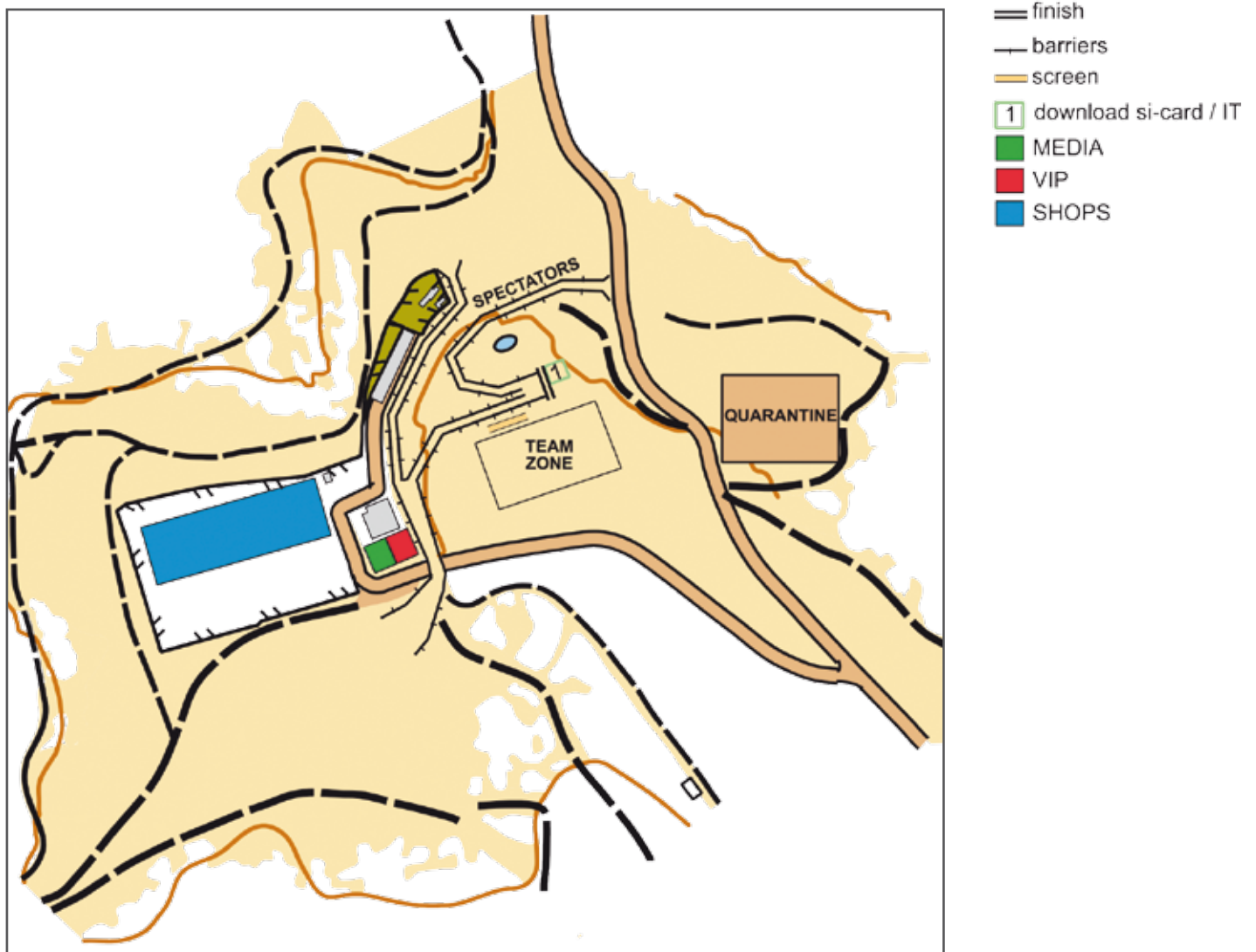
START:

Map is given to competitor's hand before the start. On the back side of map are written team and leg numbers. Start signal is a gun shot.

CHANGE-OVER:

The change-over is done after crossing the finish line by hand touch across a separation barrier. The outgoing runner follows a marked route to the map board and takes the map with the team's start number. It is the competitor's responsibility to take the correct map.

AWARD AND CLOSING CEREMONY: 17.30 in the arena.





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